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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Baked Chicken  Mixed Greens  Dressing (ranch **D, E**)  Inf/Tod: Green Beans  Pineapple Chunks  Inf/Tod: Peach or pears  White slice of bread **G, E** | Turkey & Cheese Wrap **D\*, G**  Peas  Applesauce | Chicken, Broccoli, Cheese & Rice Casserole **D\***  Pears  Green Beans | Pasta **G, E** w/ Turkey Meat Sauce **D\***  Steamed Cauliflower w/ cheese sauce **D**  Fresh Orange Slices  Inf/Tod: Mandarin oranges | Salisbury beef steak w/ Gravy **G,D\***  Carrots  Mashed potatoes **D**  White slice of bread **G, E** |
| Chicken Nuggets **G**  Green Beans  Mandarin Oranges  Whole Grain Dinner Roll **G** | Nachos w/ meat  cheese **D**  lettuce  Tortilla chips (**G White Triangle only)**  Black Beans  Fresh orange half  Inf/Tod: Pears  Inf/Tod: tortilla shell **G** | Hamburger Macaroni **D\*, G, E**  Steamed Broccoli & Cheese Sauce **D**  Peaches | Teriyaki Chicken **S**  Cooked Carrots  Fruit Cocktail  Infants: no grapes or pineapple  White Rice  Stir Fry Vegetable mix **S** | Flame Grilled beef burger  Bun **G**  Cooked Carrots  Pineapple chunks  Infants: peach or pears |
| BBQ Chicken Sandwich  Bun **G**  Cole Slaw **D**  Infants: baked beans **G**  Fresh Banana | Lasagna **G, E** w/ Meat sauce **D\***  Mixed Greens  Dressing (ranch **D,E**)  Infants: Peas  Peaches | Chicken Quesadillas **D\*, G**  Black Beans  Mandarin Oranges | Riblet **S**  Bun **G**  Green Beans  Fruit Cocktail (infants no grapes/pineapple) | Turkey w/ Gravy **D,G**  Mashed potatoes **D**  Pears  Slice of white Bread **G, E** |
| Meatballs w/ Gravy **D\*,G**  Mashed Potatoes **D**  Peaches  whole grain dinner roll **G** | Rotini **G, E** w/ Turkey Meat Sauce **D\***  Sweet Peas  Pears | Turkey Tacos w/ Meat  Cheese **D**  Tortilla Shell **G**  Black Beans  Peaches | Stuffed Crust Cheese Pizza **D\*,G,E**  Marinara  Mixed Greens  Dressing (Ranch **D,E**)  Inf/Tod: mix vegetables  Mandarin Oranges | Chicken Alfredo **G,E,S,D\***  Peas  Apple half  Infants: Applesauce |
| Chicken and Rice Soup  Cooked Carrots  Pears  Slice of Bread **G,E** | Turkey sloppy Joe  Bun **G,**  Green Beans  Applesauce | Burger  Cheese slice **D**  Bun **G,**  Carrots  Infants: Cooked Carrots  Fruit Cocktail  Infants: No grapes or pineapple | French Toast Stick **G,E,S**  Sausage Links  Potato cubes  Cinnamon Applesauce | Meatballs **G** w/ Marinara **D\***  Cooked Carrots  Applesauce  Slice of bread **G,E** |

Chicken substitute: Meatloaf **G,E**

Common Allergen Information

D=Dairy E=Egg S=Soy G-Gluten

Items with an **\*** have a dairy free sub

\*Vegetarian options are Morning Star (**S, G** ) and Bocca Brand (**S, G, E**)

\*ALL PROTEIN IS GROUND TURKEY UNLESS OTHERWISE STATED\*

Vegetarian items (not limited to):

ChiK N Nuggets Original sausage patty/links

Chik N Strips Meatless Crumbles

Riblet Patty Boca Original patty

Meatless Bacon

Veggie dogs

Original chik n patty

As of 6.14.23