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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Baked ChickenMixed Greens Dressing (ranch **D, E**)Inf/Tod: Green BeansPineapple ChunksInf/Tod: Peach or pearsWhite slice of bread **G, E** | Turkey & Cheese Wrap **D\*, G**PeasApplesauce | Chicken, Broccoli, Cheese & Rice Casserole **D\***PearsGreen Beans | Pasta **G, E** w/ Turkey Meat Sauce **D\*** Steamed Cauliflower w/ cheese sauce **D**Fresh Orange SlicesInf/Tod: Mandarin oranges | Salisbury beef steak w/ Gravy **G,D\***CarrotsMashed potatoes **D**White slice of bread **G, E** |
| Chicken Nuggets **G**Green BeansMandarin OrangesWhole Grain Dinner Roll **G** | Nachos w/ meat cheese **D**  lettuce  Tortilla chips (**G White Triangle only)**Black BeansFresh orange halfInf/Tod: PearsInf/Tod: tortilla shell **G** | Hamburger Macaroni **D\*, G, E**Steamed Broccoli & Cheese Sauce **D**Peaches | Teriyaki Chicken **S**Cooked CarrotsFruit CocktailInfants: no grapes or pineappleWhite RiceStir Fry Vegetable mix **S** | Flame Grilled beef burger  Bun **G**Cooked CarrotsPineapple chunksInfants: peach or pears |
| BBQ Chicken Sandwich Bun **G**Cole Slaw **D**Infants: baked beans **G**Fresh Banana | Lasagna **G, E** w/ Meat sauce **D\***Mixed Greens  Dressing (ranch **D,E**)Infants: PeasPeaches | Chicken Quesadillas **D\*, G**Black BeansMandarin Oranges | Riblet **S** Bun **G**Green Beans Fruit Cocktail (infants no grapes/pineapple) | Turkey w/ Gravy **D,G**Mashed potatoes **D**PearsSlice of white Bread **G, E** |
| Meatballs w/ Gravy **D\*,G**Mashed Potatoes **D**Peacheswhole grain dinner roll **G**  | Rotini **G, E** w/ Turkey Meat Sauce **D\***Sweet PeasPears | Turkey Tacos w/ Meat  Cheese **D**Tortilla Shell **G**Black BeansPeaches | Stuffed Crust Cheese Pizza **D\*,G,E**MarinaraMixed Greens Dressing (Ranch **D,E**)Inf/Tod: mix vegetablesMandarin Oranges | Chicken Alfredo **G,E,S,D\***PeasApple halfInfants: Applesauce |
| Chicken and Rice SoupCooked CarrotsPearsSlice of Bread **G,E** | Turkey sloppy Joe Bun **G,** Green BeansApplesauce | Burger Cheese slice **D** Bun **G,** CarrotsInfants: Cooked CarrotsFruit CocktailInfants: No grapes or pineapple | French Toast Stick **G,E,S**Sausage LinksPotato cubesCinnamon Applesauce | Meatballs **G** w/ Marinara **D\*** Cooked CarrotsApplesauceSlice of bread **G,E** |

Chicken substitute: Meatloaf **G,E**

Common Allergen Information

D=Dairy E=Egg S=Soy G-Gluten

Items with an **\*** have a dairy free sub

\*Vegetarian options are Morning Star (**S, G** ) and Bocca Brand (**S, G, E**)

\*ALL PROTEIN IS GROUND TURKEY UNLESS OTHERWISE STATED\*

Vegetarian items (not limited to):

ChiK N Nuggets Original sausage patty/links

Chik N Strips Meatless Crumbles

Riblet Patty Boca Original patty

Meatless Bacon

Veggie dogs

Original chik n patty

As of 6.14.23